



## News and Events January 27

The new Outdoor Chattanooga Center has tiles, paint, and HEAT!! Look for the lightning bolt ⚡ to see new events and activities.

### Moving Day May be Coming Soon

The power is run, HVAC is installed, and the painters have event gotten in a few licks. The contractors are getting down to details at the new [Outdoor Chattanooga Center](#). The next time that you're taking a stroll on the Walnut Street Bridge, look down [into Coolidge Park](#) and watch the progress.

### Outdoor Chattanooga's Outdoor Expo – Sign Up Now!!!!

Outdoor Chattanooga will host our third annual [Outdoor Expo and Gear Swap](#) AND grand the opening celebration for our new [Outdoor Chattanooga Center](#) on Sat., Mar. 28, 2009, from 10 a.m. to 4 p.m. in Coolidge Park. Clubs, camps, outfitters, retailers, conservation organizations, and gear swappers: [register now](#) to get your exhibition spot. 10'X10' spaces are \$25 and all proceeds will go toward Outdoor Chattanooga's free, public programs. Call or [email Ruth Thompson](#) at (423) 643-6889 to reserve your spot.

### How do you Re-use?

How do you reuse your trash to keep it out of the landfill or recycle bin? Here's this week's suggestion:

**We re-use small plastic soda bottles for milk, water and juice when commuting to school in the morning and on long trips. The bottles seal well in the cooler, are relatively spill proof, and fit most all car beverage holders. Milk and juice is also cheaper when purchased in larger containers. Also we re-use glass pasta sauce jars for leftovers; they are clear so you can see what is in them.**

**-Bob Weaver, Manager, Leisure Time Dive**

### Last week's response:

**I re-use yogurt containers to start seedling plants and as individual servings for jello, puddings, etc. I use jars and plastic coffee containers to hold nails, screws, nuts, bolts, etc. At work, any paper that has only been used on one side and is no longer needed is run thru the copier again using the other side for copies we keep in-house. I will not buy plastic water bottles. I just re-use the same ones over and over filling them with tap water.**

**-Carol Weaver, Harrison, TN**

Send an email to the [Outdoor Chattanooga newsletter editor](#) and tell us how you re-use.

## **Events**

### **Chattanooga Quail Unlimited Membership Drives Jan. 31, & Feb. 21**

Chattanooga [Quail Unlimited](#) chapter #850 will hold membership drives at the Sportsman's Warehouse store, 6241 Perimeter Dr., on Saturdays, Jan. 24, 31, and Feb. 21 to reestablish the local chapter. Chattanooga QU will have a membership booth, conduct seminars, give away prizes, and offer wild game snacks. On Jan. 24 and 31, Brent Blackmon, owner of the [Crow Creek Hunting Preserve](#), will discuss the topics of quail hunting, quail management, and other related topics at 1 and 3 p.m. On each day, Blackmon will give away a 1/2 day two-person, guided hunt. Entries must be present to win. Details for the Feb. 21 event are TBA. For more information, contact QU regional director [Jon. B. Calhoun](#) at (423) 303-0640.

### **Tennessee Indoor Rowing Championships Jan. 31**

The [Tennessee Indoor Rowing Championships](#) will take place at the University of Tennessee, Chattanooga's Maclellan Gym on Sat., Jan. 31, from 8 a.m. to 5 p.m. The event features Concept 2 Model D rowing machines which are all hooked together via computer with displays. The entry fee for competitors is \$9 per person. There is no admission fee for spectators. For more information, call or [email Robert Espeseth](#) at (423) 425-5333.

### **✍️ NO Bike2Work in February**

Hang tight, cyclo-commuters, we'll resume our monthly breakfast on Fri., Mar. 6

### **✍️ Frozen 5K for Haiti Feb. 7**

The Chattanooga Track Club will host the [Frozen 5K and 1K walk for Haiti](#) on the roads of Shackleford Ridge on Signal Mountain, on Sat., Feb. 7, at 9 a.m. Day-of registration costs \$15 and proceeds will go toward Haiti Missions. Day-of registration goes from 7:30 to 8:30 a.m. at Signal Mtn. Bible Church.

## **Adventures**

### **Bike Polo Back on Schedule every Wednesday Evening**

Outdoor Chattanooga's weekly pickup bicycle polo games are back on a regular schedule every Wednesday evening, beginning at 5:00 p.m. on the [Ross' Landing Green](#) on the downtown waterfront. Any interested players are welcome. Helmets are required, and lights are strongly recommended. Rainy or muddy conditions cancel. Email or call [Minya James](#) at (423) 643-6888 to learn more.

### **Cumberland State Park Activities**

The South Cumberland State Park in Monteagle, TN offers special hikes, seminars, and other activities every week. Visit the Friends of [South Cumberland Park](#) for a complete calendar.

## News

### ✎ **Peanut Paste Recalls Hit Energy Bars**

From WDEF News: "Georgia Commissioner of Agriculture Tommy Irvin is alerting consumers to the recall of more products that may contain peanut butter contaminated with Salmonella. The products contain peanut ingredients supplied by Peanut Corporation of America which is the subject of an FDA investigation concerning recent Salmonella outbreaks. Clif Bar & Company is voluntarily recalling its CLIF® and LUNA® branded bars that contain peanut butter and Abbott Nutrition is voluntarily recalling its ZonePerfect® and NutriPals™ branded bars that contain peanut butter." [Read the list](#) of energy bar recalls. A complete list of all recalled products, updated daily, is [available from the FDA](#).

### ✎ **Governor's Environmental Stewardship Awards: Nominations Open**

The [Tennessee Department of Environment and Conservation](#) is accepting nominations for the [Governor's 2009 Environmental Stewardship Awards](#). The awards recognize Tennesseans who go above and beyond to protect the state's diverse environment. The awards cover 13 categories, including Building Green; Environmental Education and Outreach, Greenways and Trails, and Parks and Recreation. A panel of judges will select award recipients based on criteria including on-the-ground achievement, innovation and public education. The deadline for nominations is Mar. 31, 2009. Award recipients will be announced in May 2009.

### ✎ **Want a Job Writing about Bicycles?**

From the [Adventure Cycling](#) newsletter: [VeloNews](#), the magazine for bicycle racing, is taking applications for a tech editor. The position requires a thorough understanding of bicycle technology, management ability, professional writing and editing competency, and solid communication and interpersonal skills. Also hiring: [Tour d'Afrique](#), which, according to company project manager Shanny Hill, needs to fill several positions on its tours of Europe and Africa.

### **Long Range Transportation Plan Survey**

The [Chattanooga-Hamilton County Regional Planning Agency](#) is currently soliciting public opinion for the area's future transportation infrastructure plans with a [Long Range Transportation Survey](#). Interested members of the public are asked to complete the survey and fax or send via USPS to the RPA by the end of February at (423) 757-5532 or 1250 Market St., Suite 2000, Chattanooga, TN 37402. Among other options, the survey will be used to formulate plans for future bicycle, pedestrian, and public transportation options.

### **Redwood Creek's Greater Outdoors Project Grant**

[Redwood Creek Wines](#) and [Planet Green](#) are calling on outdoors non-profit groups, such as trail clubs and environmental organizations, to submit applications for a [\\$50,000 Great Outdoors Project grant](#) by March 1, 2009. The grant is targeted toward registered 501(c)(3) organizations to use on specific

projects that aim to preserve, protect and provide access to the outdoors. The grant applicant must be 21 years of age or older and a legal U.S. citizen. All project work must be completed by December 2010.

### **Make Your Own Bicycle Pizza Hauler**

Here's an alternative delivery option for the person who wants to combine carb burning with carb "loading:" instructions on how to [build your own pizza hauler](#) for an Xtracycle bicycle rack.

## **Classes and Clinics**

### **✎ Bicycle Task Force Meeting Feb. 10**

The [Chattanooga Urban Area Bicycle Task Force](#) will have their bi-monthly meeting on Tues., Feb. 10, at 12:30 p.m., in room 2B of the Development Resource Center, 1250 Market St., in downtown Chattanooga. The BTF is now actively involved in the 2009 update of the Chattanooga Urban Area Bicycle Facilities Master Plan, which is important to the growth of bicycling in Chattanooga for the next 20 years. Representatives from around Chattanooga are invited to participate in the process. Student representatives from area colleges and universities are especially encouraged to attend. For more information call or email Chattanooga Bicycle Coordinator [Philip Pugliese](#) at (423) 643-6887.

### **✎ Street Smarts Feb. 14**

Be sweet to your Valentine. Give him/her some Street Smarts. League of American Bicyclists-certified instructors teach basic bicycle maintenance, rules of the road, and emergency maneuvers, all the things your honey-bunny needs to be safe riding in traffic. Cost is \$25 and the class is open to adult and kids ages 16 and older. Helmet and bicycle are required. For more information or to register, [email Philip Pugliese](#) or call (423) 643-6887.

## **Volunteer Opportunities**

### **Blue Blazes Trail Work Day Jan. 31**

The [American Hiking Society](#) will host a work day on Moccasin Bend's Blue Blazes trail Jan. 31 from 10 a.m. until 1 p.m. Volunteers will use hand tools to widen the trail and remove privet along the river. Gloves, tools, water and snacks will be provided. Meet at the Blue Blazes Parking lot on Moccasin Bend Rd. Interested volunteers must register to participate by calling or [emailing Carla Hilling](#) at 423-266-2507, ext. 4.

### **✎ SORBA's Enterprise South Trail Work Day Feb. 7**

SORBA Chattanooga will host their second Enterprise South Nature Park trail building day on Sat., Feb. 7, from 9 a.m. to 2 p.m. Enterprise South is not open to the public, so trail workers will be locked in for the entire work session. Interested volunteers should arrive promptly at 9 a.m. They should bring work gloves, loppers (if they have them), and water. SORBA will provide lunch. No trail building experience is necessary. See a [detailed map and directions](#) to the work

site.

### **Website of the Week**

[Environmental Education in Tennessee](#) is a resource for educators, students, and citizens interested in helping our natural resources. Among the items you can find on the site are grant opportunities, seminars, contests and state environmental news.

### **Last Week's WebSite:**

[Paddling.net](#) features [this great article](#) about how to while away the winter months and get your kayak ready for paddling season.

### **Cyber-Errata**

It has come to our attention that some of you are still using the newsletter editor's old City of Chattanooga email address, and it is bouncing. FYI for everyone, you can always reach me at [ruth@outdoorchattanooga.com](mailto:ruth@outdoorchattanooga.com) or [thompson\\_ruth@mail.chattanooga.gov](mailto:thompson_ruth@mail.chattanooga.gov).

### **Coming Up . . .**

#### **February**

- 22 [Southern 6K Trail Race](#)
- 28 [Scenic City ½ Marathon, 5K & Charity Challenge](#)

#### **March**

- 28 [Outdoor Chattanooga Outdoor Expo, Gear Swap & Grand Opening](#)

#### **April**

- 4 [Rock/Creek River Gorge Trail Race](#)  
[Dusk 'til Dawn Adventure Race](#)
- 18 [Chattanooga Dragon Boat Races](#)  
[Chickamauga Chase](#)
- 26 [3<sup>rd</sup> Annual Scenic City Triathlon](#)

#### **May**

- 2 [3State/3Mountain Challenge](#)
- 7-9 [Southeastern Foot Trails Conference](#)
- 9 [Tour de Cure](#)
- 23 [Scenic City Trail Marathon & ½ Marathon](#)
- 29-31 [Tennessee Valley Canoe Club Paddle School](#)

#### **June**

- 6 [National Trails Day](#)
- 13 [Blue Cross Riverbend Walk/Run](#)
- 19-21 [Chattanooga Mountains Stage Race](#)

#### **July**

12 [BMW of Chattanooga Waterfront Triathlon](#)

## **August**

8 [Greenway 5-Mile Trail Race](#)

## **September**

5 [Raisin' Hope Ride](#)

26 [TN River Blueway Canoe and Kayak Race](#)

27 [✓Komen Race for the Cure](#)

## **October**

3 [Rock/Creek Stump Jump 50K](#)  
[Sequatchie Valley Century](#)

10 [Chattanooga Head Race](#)

## **November**

7/8 [Head of the Hooch](#)

14 [Upchuck 50K Trail Race](#)

## **December**

19 [Lookout 100K & 10K Trail Race](#)