

**Registration Form**  
**Dam to Dam Paddle**  
Chattanooga, TN  
**Saturday & Sunday**  
**October 24&25, 2009**

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Street Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone (Day): \_\_\_\_\_ (Night): \_\_\_\_\_

Email: \_\_\_\_\_

Boat Type: \_\_\_\_\_ Boat Color: \_\_\_\_\_

**ENTRY FEE\*: \$75.00 per person**

\*Deadline for us to receive entries sent via USPS is Thurs., Oct. 22 @ 4:00 pm

\*Deadline for online registration through EdgeReg.com is Thurs., Oct. 22 at 11:59 p.m.

All fees must be submitted with entry form and signed waiver agreement.

\*Entry fee is non-refundable. The Dam-to-Dam Paddle will only be cancelled in case of extremely severe weather, such as tornadoes, hurricanes, or severe flooding on the TN River.

Please make checks payable to:  
**Friends of Outdoor Chattanooga**

**Mail to:**  
Friends of Outdoor Chattanooga  
200 River St.  
Chattanooga, TN 37405

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Entry form must be signed and dated to be valid. The Dam-to-Dam Paddle is open to kayakers and canoeists ages 18 and older.

Entry fee includes shuttle back to Greenway Farm, gear shuttle to Pot Point and back to Greenway Farm, Dinner, Breakfast, and campsite at Pot Point. Outdoor Chattanooga will provide vegetarian options for the group dinner and breakfast. Any other special dietary needs will be assumed by the individual entrant. Participants are responsible for their own snacks and lunches while on the water.

Entrants in the Dam-to-Dam Paddle assume responsibility for their own safety and well-being while on the Tennessee River. This also means carrying any medications that you might rely on for your health in a wilderness setting. If you have any special medical conditions that we should be aware of, please document them in the space below:

---

---

---



**PARTICIPANT AGREEMENT,  
RELEASE, AND ASSUMPTION OF RISK**



**PARKS AND  
RECREATION**



**Dam to Dam Paddle  
October 24 & 25, 2009**



In consideration of the services of **City of Chattanooga Parks and Recreation Department dba Outdoor Chattanooga**, their agents, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "OC"), I hereby agree to release, indemnify, and discharge OC, on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

I acknowledge that my participation in outdoor adventure based activities such as hiking, camping, backpacking, canoeing, and kayaking entails known and unanticipated risks which could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity. Furthermore, OC guides/instructors have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They might misjudge the weather, the elements, or the terrain. They may give incomplete warnings or instructions, and the equipment being used might malfunction.

I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.

I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless OC from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of OC's equipment or facilities, **including any such Claims which allege negligent acts or omissions of OC.**

Should OC or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.

I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.

In the event that I file a lawsuit against OC, I agree to do so solely in the state of Tennessee, and I further agree that the substantive law of that state shall apply in that action without regard to the conflict of law rules of that state. I agree that if any portion of this agreement is found to void or unenforceable, the remaining portions shall remain in full force and effect.

**By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against OC on the basis of any claim from which I have released them herein. I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.**

Signature of Participant: \_\_\_\_\_ Print Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Date: \_\_\_\_\_

# Dam to Dam Paddle

Sat., & Sun., Oct. 24/25, 2009

## Application/Race Rules and Regulations

### REGISTRATION:

Contestants may register by check via USPS to:

Friends of Outdoor Chattanooga  
200 River St., Chattanooga, TN 37405

- **Do not send cash in the mail.**
- Register Online at EdgeReg.com

### ENTRY FEES: ALL ARE NON-REFUNDABLE

- \$75.00 per person.
- Mailed registrations must be received by 4:00 p.m., Thurs., Oct. 22
- Online registration on EdgeReg.com closes at 11:59 p.m. on Thurs., Oct. 22.
- Entries are not final until a signed waiver and fees are received.

### AGE REQUIREMENTS:

Entries are open to adults 18 years and older.

### QUALIFICATIONS:

- **This event is for highly-experienced and physically fit kayakers and canoeists ONLY!!!!**
- Entrants will paddle roughly 50 miles of water in two days, unsupported, in a rugged environment. Paddlers should expect to maintain a 2-4 mph pace with minimal breaks and to be on the water for 7+ hours each day.
- Participants must be able to perform self rescues should their kayaks/canoes swamp.
- **IF AT ANY TIME DURING THE EVENT OUTDOOR CHATTANOOGA BELIEVES THAT YOU ARE ENDANGERING YOUR SAFETY OR THE SAFETY OF OTHERS, YOU WILL BE ASKED TO COME OFF OF THE WATER WITHOUT A REFUND.**

### WHAT TO EXPECT ON THE WATER:

Strong head winds, choppy water, motorboat wakes, strong currents, rain, cold temperatures, and infrequent opportunities to stop.

### GEAR REQUIREMENTS:

- U.S. Coast Guard-approved PFD
- Tow line or painter
- Paddle
- Bilge Pump or Bailer
- Whistle
- Camping gear: tent, sleeping bag and pad
- Enough food for two lunches, snacks and two days of paddling
- Water/sports drink for one day of paddling (Refill at Pot Point on Saturday)
- Additional gear suggestions on next page

### REST STOPS – Saturday, Oct. 24

- **Destination – Pot Point Cabin 25 miles**  
Launch on N. Chickamauga Creek at Greenway Farm
- Rivermont Park (RM 468) Rest rooms at Champion Tennis Club
- Coolidge Park (RM 464) Rest rooms at Outdoor Chattanooga
- Williams Island (RM 455) Privy at Blueway campsite dock, river right side of island
- Suck Creek Boat Launch (RM 453.3) **FINAL CHECK POINT** – 6 miles to go. You must reach this point no later than 3:00 p.m. or you will be pulled from the water
- Pot Point (RM 447) – Destination

### REST STOPS – Sunday, Oct. 25

- Sullivans Landing (RM 440) – Bait and Tackle Store – Rest Room
- Hales Bar Campground and Marina (RM 431) – **FINAL CHECK POINT** – 4.5 miles to go. You must reach this point no later than 3:30 p.m. or you will be pulled from the water
- TVA Shellmound Rec. Area (RM 425.5) – **FINISH. CONGRATULATIONS!!!!**

## Dam-to-Dam Paddle Schedule

### Friday, October 23

**6:30 p.m.**

**Mandatory** pre-race meeting at Greenway Farm, 5051 Gann Store Rd., Hixson, TN. Events packet pickup and orientation will happen at this time. Overnight camping will be available at the farm for those coming in from out of town.

### Saturday, October 24

**7:00 – 9:00 a.m.**

Registration, safety inspection, and launch from N. Chickamauga Creek boat launch, Greenway Farm, 5051 Gann Store Rd., Hixson, TN.

**9:30 a.m.**

Gear shuttle leaves for Pot Point. Any gear not in the van by this point will have to be packed on the river.

**3:00 p.m.**

Deadline for check point at Suck Creek. Anyone arriving later than 3:00 p.m. will be shuttled to Pot Point.

**6:00 p.m.**

Pasta Dinner at Pot Point Cabin

### Sunday, October 25

**6:30 – 8:00 a.m.**

Breakfast at Pot Point Cabin. Launch any time after.

**3:00 p.m.**

Deadline for check point at Hales Bar Marina and Campground. Anyone arriving later will be shuttled to Shellmound Recreation Area.

**4:00 p.m.**

Shuttles begin returning to Greenway Farm

**5:30 p.m.**

Last Shuttle leaves for Greenway Farm

**7:00 p.m.**

Informal supper (optional) at Hixson eatery at participants' expense (location TBA).

#### Recommended Kayaking Gear:

1 gal. of drinking water per day  
Sports Drink  
High-protein snacks  
River Chart (Available at the TVA Map Store)  
Compass  
Cell Phone (Service may be sporadic in the TN River Gorge)  
Extra Paddle  
Paddle float  
First Aid Kit  
Spray Skirt  
Extra Clothes (Layers)  
Rain Gear  
Sun Screen  
Bug Repellant

#### Camping Gear

Flashlight or Head Lamp  
Tent w/ Rain Fly  
Sleeping Bag  
Sleeping Mat  
Toiletries  
Extra Dry Clothes  
Clothesline for hanging wet gear