

## *Women in the Outdoors*

*Is dedicated to providing interactive educational outdoor opportunities for women ages 14 or older. Outdoor learning events featuring hands-on activities are conducted by local chapters throughout the nation.*

*The National Wild Turkey Federation's goal is to teach the importance of responsible wildlife management, increase participation in outdoor related opportunities and to preserve the turkey hunting tradition.*

*The Women in the Outdoors program will meet its goal by introducing more women to outdoor activities, training women as outdoor educators and providing a network for men and women with similar interest.*

*For additional information contact*

*Wanda Messer  
423-336-5330 (evening)  
423-650-1328 (cell)  
[www.wolb-nwtf.com](http://www.wolb-nwtf.com)*

Wanda Messer

155 Phillips Dr NE

Cleveland, Tennessee 37312



## **The White Oak Longbeards Chapter**

Presents



**July 18, 2009**

**Bendabout Farms  
3553 South Lee Hwy.  
McDonald, TN 37353**

## Class Offerings

**Rifle and Handgun** Learn about various calibers of rifles/handguns and practice shooting stationary targets.

**Archery** Have you ever wanted to shoot a bow? This is your chance to try it out. Learn about equipment, proper technique and how to shoot targets.

**Shotguns** Learn about Gauges, chokes and shells and all the different elements of shotgun shooting including hitting flying targets.

**Map & Compass** Work a course using a compass and read topo maps like a pro in this class.

**Muzzle loading** Learn safety, operation, care, loading and firing of both traditional and modern “in-line” muzzle loading firearms..

**Outdoor First Aid** Learn what to do if a mishap occurs while miles from medical help. Learn basic first aid for minor injuries, as well as lifesaving tips and techniques for injuries.

**Fishing Techniques** Learn about basic fishing equipment, casting techniques, fish habitat identification, and species identification.

**Photo Safari** Learn the basics of photographing scenery, outdoor activities and specialty subjects. Learn about equipment, lighting, composition, technique and outdoor subjects themselves. Participants will need to bring their camera and film.

**PRE-REGISTRATION IS  
RECOMMENDED BY**

**July 15, 2009**

**Check-in** will start at 8 am. Welcome and introductions will begin at 9 am with class starting around 9:30 am. Each class will be approx. 2 ½ - 3 hours.

Come prepared for the weather, rain gear, sunscreen, lip balm, comfortable clothing and shoes, bug spray, etc. We will have shopping opportunities, and YES, ladies, we do accept ALL major credit cards!

**For more information please contact:**

**Wanda Messer**

**Event Coordinator**

**423-336-5330 (evening) or 423-650-1328  
(cell), [onefuntraveler41@yahoo.com](mailto:onefuntraveler41@yahoo.com)**

**Or**

**Barbara Reed**

**Event Co-coordinator**

**423-421-8009**

**Workshop Fee: \$45.00 Includes session instruction for two classes, class materials, lunch, WITO membership, one-year subscription to the WITO magazine, goodie bag, door prizes, silent auction, raffles plus some new hobbies and lasting friendships.**

**Mother and daughter teams (Ages 14 – 21) are \$75.**

**Please make checks payable to  
“White Oak Longbeards”**

**And mail to:**

**Wanda Messer**

**Event Coordinator**

**155 Phillips Dr NE,  
Cleveland, TN 37312**

**ATTENTION: Event Participants 14 to 17 years of age must have a participating parent or guardian at the event.**

**Agenda and directions to the event site furnished with your confirmation letter.**

### **Participant Reservation Information**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Phone: \_\_\_\_\_

Cardholder: \_\_\_\_\_

Card #: \_\_\_\_\_

Exp. date: \_\_\_\_\_ type: \_\_\_\_\_

Signature: \_\_\_\_\_

**Please mark the following classes 1 thru 8, with 1 being your highest preference. We will make every effort to assign you to your top choices.**

**Rifle/Handgun** \_\_\_\_\_

**Archery** \_\_\_\_\_

**Shotguns** \_\_\_\_\_

**Map & Compass** \_\_\_\_\_

**Muzzle Loading** \_\_\_\_\_

**Outdoor First Aid** \_\_\_\_\_

**Fishing Techniques** \_\_\_\_\_

**Photo Safari** \_\_\_\_\_